

# Testimonials of nutreince users!.....

*I have been searching for a complete multi vitamin without all the fillers and inconsistent DV stats for over 20 years - literally. I found it, and I know I found it because of the way I feel after using nutreince. This product is complete from top to bottom. There isn't another Multi Vitamin out there right now that comes close. I know because I've literally tried them all. Your customer service is amazing, and I can't thank you all enough for being so focused and passionate about making a product like this.*

*~Aaron W - California*

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*Thanks Mira! It actually arrived Friday, so I've got it! I've tried a million high end multivitamins with no noticeable difference, but yours has literally been life changing! Hormonal imbalances corrected themselves in the first 30 days! Love it!!!*

*~Courtney Cronkhite*

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*At first I was skeptical, but nutreince has completely won me over. As a sports medicine physician I have seen many vitamin products come and go, but nutreince is the real deal. I feel confident prescribing it to my patients, and taking it myself."*

*~Dr. Robert Nicoletta, MD Chief of Orthopedic Surgery and Sports Medicine, St. Elizabeth's Medical Center and Assistant Professor in Orthopedic Surgery, Tufts University*

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*Send asap as I am running low! love what this formula has done for me...improved eyesight, more energy, and an amazing overall feeling of wellbeing...ahh. Thank you so much.*

*~Donna Marie Daub*

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*I cannot be without my Nutreince! It is sooo easy and tasty to take, I've ditched all those pills that I was not sure were doing much of anything. Having come through two surgeries that have compromised my gut/digestion, and having set aside my reading glasses within a month of starting these vitamins (and my distance vision is also somewhat improved), I just know that the nutrient absorption is stellar! Of course, at my women's group, when everyone else started bemoaning their deteriorating close vision, I could not stay quiet -- and two folks asked for your information, which I gladly provided (One gal has serious allergy issues, and was looking for a new, pure multivitamin/mineral source). I don't make recommendations easily, however, it's easy to recommend Nutreince.*

Thanks again, and best regards,  
~Resolute

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*Since going paleo about 2 years ago I have struggled with this. I thought I should get my nutrition through food, as that is what is most optimal for your body. Bone broths, green veggies, etc. I even held my nose and took liver pills, since I just cannot stand the taste of liver. It helped, as any foray into real foods does, but frankly I was pretty broken. I ate bad most of my life and it paid a toll on my health and life.*

*I recently read Rich Food, Poor Food and started wondering about their multivitamin Nutreince. I talked a friend into doing a 3--month trial with me. Going together meant we got a good deal on it and also gave us enough to give it a good college try. I'm a firm believer that you have to give things a chance so you can see what it's doing. Well, it only took me a couple of weeks to notice a difference. I noticed a difference in my energy levels after about a week of being on it. All of a sudden, I was no longer slouched on the couch after working a full day. I was still alive enough to get my chores done. That in itself was great, but the results didn't stop there. The shoulder injury that had been slow to heal, started healing faster. I struggled with it for about 2.5 months with it slowly healing... 2 months later it's pretty much completely healed. Coincidence? Maybe. Another thing I struggled with for ages even since going lower carb paleo is blood sugar levels. Years of high carb living and some genetic predispositions left me metabolically broken and year after year my fasting blood sugar levels stayed above 100 (6.1 CDN) It never flinched. I was not going up as much after meals, but it still wasn't coming down. The other day I tested in the AM and low and behold my # was 88 (Just under 5.0 CDN) Oh my, is this another coincidence? I honestly don't think so.*

*Needless to say, I'm hooked. I can't wait to see what other aspect of my health is reversed with the consumption of this powerful source of micronutrients.  
Thank you Mira and Jayson Calton. I am in your debt  
~Mary--Anne Wise*

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*I had talked with you on the annual low carb cruise about ordering Nutreince and did so when I returned home. I have been taking it morning and night with a fish oil supplement, as suggested for better absorption.*

*For the first time in 30 years, I went a month with NO PMS! Though I am lucky to be regular, even at age 46, I always have a 24--36 hour period of anger/anxiety/weepiness EVERY MONTH. I am usually a real bear to be around! This month that just didn't happen. I got exactly one pimple, and never felt restless, drained, or anxious. I felt healthy and happy like I do the rest of the month.*

*I wanted to take the supplement to keep my bones and heart healthy, but this is a wonderful side effect that I can only attribute to the Nutreince. I am early on in this supplementation, and look forward to more positive changes as I continue to give my body these extra nutrients.*

Thanks again for the support of our low carb family, as always.  
~Vicki Kleber, Low carb since 2005 --- Nutreince user for 2 weeks

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*I was feeling run down with no energy, a disrupted sleep pattern & was having digestive issues as well. I started taking "Nutreince AM & PM Vitamins" and within the week, I noticed an immediate increase in Energy, improved regularity, as well as, a dramatic improvement in my sleep pattern. I have been taking these vitamins for 3 months now... and the results have been nothing short miraculous. I can't overstate the overall improvement in my General wellbeing, and if I forget to take a dose, I can actually feel the difference... I would highly recommend these vitamins to anyone not receiving the optimal amount of nutrients in their daily diet*  
~Erika

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*Hi Mira, After a month of Nutreince, my "hot flashes" have diminished significantly! I've had them for about 2 years now --- terrible sweats at times, 2---3 times an hour! I haven't noticed them recently, so maybe they are gone for good!!*  
~Susan Rockford, MI

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*As a nutrition & health professional, I like to be able to recommend the absolute best products and supplements to my clients. I feel that Nutreince is the highest quality, most easily absorbed, and most scientifically advanced multivitamin product on the market. I take it myself, and am happy to be able to recommend such a great product to my family, friends, clients, and students! The years of research and hard work on the part of the Caltons sure paid off!*  
~Michael Roesslein, MS, CHEK, [Founder of Natural Evolution Holistic Health & Fitness](#)

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*My brother has physical and mental disabilities (he's 31 yrs. old) --- and he noticed a benefit from the Nutreince already. He works at a place for disabled adults doing various tasks (cleaning remote controls, stuffing envelopes, etc.) and he finished a certain job in the allotted time for the very \*first\* time --- he has been working there for several years and never had been able to complete all the items before. The only difference was that he had been taking Nutreince. So he was pretty excited about that!*  
~Lisa

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*Nutreince has done three things for me. **One.** It simplified my pantry. I no longer have a myriad of bottles from a dozen manufacturers cluttering my cabinet because I get*

*everything I need in two convenient pre---portioned water---soluble doses. I no longer have to worry about something I never knew was an issue. Nutrient competition and bioavailability aren't even on my radar, because Nutreince already has dialed it in for me.*

**Two.** I don't have to worry about loss of nutritional availability and unnecessary oxidization. I don't have pills collecting pocket lint or waiting in a plastic container to be consumed. I have two delicious vitamin shakes I consume when I wake up and just after lunch. Nutreince is conveniently sealed in two foil packets clearly labeled for AM and PM use. I only use what I need, when I need it. Which is twice a day, everyday. **Three.** The true test of any product is how it changed your life in respect to before you were introduced to it. Since using Nutreince, I feel centered, I feel balanced and I feel uncharacteristically whole. Taking the vitamins makes it seem like somebody wiped the lens clean and the world just sprung into focus. I'll need to restock soon.

~Tommy G, New York City

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*I am in love with Nutreince. I am ordering my second month. My nails are longer than they have been in years, and people keep complimenting me saying they don't know what it is, but I look amazing! Thank you!*

~Michele

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*Nutreince gives me everything I need in two convenient, great tasting drinks a day. After reading Naked Calories, I wouldn't take any other multivitamin except nutreince. I love knowing that I am no longer wasting my money, and that I my body is absorbing the micronutrients I need to stay healthy and vibrant."*

~Stacie G., Staff Sergeant, United States Air Force

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*My 93---yr old mother and I are experiencing positive results with nutreince... Mainly sleeping better and colorful dreams. Taste doesn't bother us. We are 3---weeks into taking nutreince and my mother has not experienced insomnia since day two. Doctors have been recommending sleep aids to her and I have been jumping up and down saying don't do it. Balance issues with elderly using sleep aids can lead to serious falls in the middle of the night!*

*Update on my mother's AMD: She had an appointment with eye specialist last Friday. She was diagnosed with the dry form of AMD and the recommended treatment given was vitamins with lutein. Of course, my mother has been taken nutreince for over a month. The really good news: Pressure in both eyes was down to 13 from over 20!!! She has never had a pressure number below 20 for over 15 years!*

~Mary Alice

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*I have to tell you what Nutreince is doing for me. My husband and I are on our fifth box (ordered six to start). Since James and I are sharing, we've been taking it for almost three months. I've lost six pounds and I'm not eating differently or exercising any more than usual. I have always been within the recommended weight for my height and age, but I was not happy with that. I had not been able to lose more than two pounds at a time and then would gain it right back.*

*This was even after cutting sugar from my diet (your book convinced me). I had finally given up. One day it dawned on me that my clothes fit differently-----especially around my waist. I got on the scale and imagine my surprise when I had lost six pounds! Woo hoo!! I haven't gained it back.*

*Not only that, but I recently had some blood work done and my cholesterol was 205 (the lowest it has ever been since I've been having it checked-----nearly 20 years. It has been between 220---238.) I have an aversion to fatty foods and can't do dairy because of lactose intolerance, so I could only figure that my body was manufacturing it. I went round and round with different doctors, as I refused to take the statins. One of my half sisters is in bad shape from the vile stuff and an aunt as well. I wasn't about to take it!*

*I know I always seem to be talking about poop, but after years of chronic constipation, things are working nicely. :) And finally, because I am starting to sound like a snake oil salesman, I feel younger. I quit my day job because my book was published the first part of June. (The name of the book is Above All Things --- The Story of An Evangelical Mother and Her Gay Daughter.) I have been running like a woman with her hair on fire ever since-----but I don't need to tell you how it is. I don't think I could keep this pace if it weren't for your wonderful micronutrients. Just wanted you and Jayson to know what you have done for me, and how much I appreciate it.  
~Shari*

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*I am healthy and fit 47 y/o without any physical complaints. I eat a balanced whole foods diet. 4 weeks ago I replaced my vitamin regimen with Nutreince. (Saw you on Fox and read the book) I had a little trouble with flavor at first. But within a few days I noticed a significant increase in energy and it has lasted. I felt fine but now I feel great! Amazing what happens when you absorb your vitamins!  
~Lisa*

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*My triglycerides dropped fro 83 to 46, when it had been 83 for years. I feel better than I did before starting Nutreince even though I still feel tired but I also have hypothyroidism & don't think my counts are where they need to be, yet.*

*I also had a follow---up bone scan done last week for my Osteopenia and will get the results at my Endo apt next Wednesday. My Endo had prescribed Altevia, but this was about the time I heard your story on FOX & ordered the Nutreince and read your book. I decided against taking the meds and wanted to see if diet and Nutreince can reverse the Osteopenia.*

*I am 48 yrs. old, and have had osteoarthritis since I was 30. I have had several bone fusions on my left foot; many of which didn't fuse and my otho sent me to the endo who diagnosed me with osteopenia and low Calcium (even though I was taking a multivitamin and Calcium supplement), low Vit D and low B12. Since taking Nutreince, my Endo has cut way back on supplements for all of these due to how well my counts improved. My husband is also taking the Nutreince and is pleased with it.*

Thanks,  
~Kim

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*I just ordered Nutreince after I finished reading Naked Calories. I love that it has astaxanthin! I have been taking it for a while now, and I appreciate its value. I also returned for vacationing in FL, and did not burn in the sun and I had great stamina for all my activities!*  
~Valarie

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*I heard about Nutreince when listening to a talk the Caltons gave on Sean Croxton's Real Food Summit back in July 2012. At that time, I was recovering from an operation and was feeling exhausted, more than I would have expected as a result of the operation, which was in the April. I started taking Nutreince and felt I had much more energy straight away. Subsequently I have had more medical tests done and found that I have some major issues with my digestive system. I believe that Nutreince has helped my body to cope by supplying me with easily absorbed vitamins and micronutrients that my body was missing.*

*I love the powder formula of Nutreince that allows it to be more readily absorbed by my body. It is much better for me than other multivitamins in tablet form. I also like the fact that it has no unwanted extras, which other manufactures use to pad out their tablets and that it is sweetened with stevia.*

*Thank you for making this product.*

*Kind regards,  
~Helen*

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*I was really surprised to find my strength increasing, especially after taking Nutreince for about 10 days! I've taken multi---vitamins on and off over the years, and most of the time I can't say I had seen or felt any difference. This is truly helpful, as my husband has a bad back and was told not to lift anything heavier than 5 pounds. Now that I have more strength flowing into my system, I lift any and all packages with ease. The Nutreince feeds my cardio/core training programs in the best possible way!*

*Thanks Mia and Jayson!*

*Sincerely,  
~Dorothy*

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*I saw Mira Calton on television the first time she appeared on Fox and Friends, bought and read Naked Calories, and started taking nutreince as soon as it was released so I've been with the*

*product since the very beginning. As a senior who had tried a great number of different nutritional products over the years, I was skeptical at first but am a true believer now. My energy level has increased dramatically, I feel great, and the way nutreince is taken has helped me increase my purified water consumption (from 60 to 100 ounces a day). The extra hydration has also been instrumental in faster success on my weight reduction program and the Caltons' fair pricing is appreciated. I recommend nutreince to anyone who desires to enhance their health without overdosing on excessive supplementation.*

*~Robin*

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*After reading Naked Calories I was convinced that stopping my daily vitamin pill and starting on Nutreince would give me a health "insurance policy" against future diseases. I didn't expect any short--term effects. I am so pleasantly surprised at the (unexpected for me) appetite suppressing effect of Nutreince... cravings for junk food or bigger portions have been greatly reduced. I am down 2 pounds in a month with no effort towards losing weight. I love it!*

*~Susan*

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*I've been using Nutreince for many months now and just ordered another 6 months worth. It is so convenient to use and eliminated the plethora of other supplements I've been using as they are all right there in one place. I feel great and have been the only person I know who has dodged the horrible colds going around. As I teach preschoolers and high schoolers, you know I've been exposed to germs galore! Thanks for a great product!*

*~Marilyn*

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*We have eliminated handfuls of pills from our lives...for good! Now we can get our vitamin D, calcium, magnesium and all our other essential vitamins and minerals in one easy to take product that eliminates micronutrient competition - nutreince saves us money and keeps us healthy!"*

*~The Lennox Family, Texas*

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*I love Nutreince! It has helped me shed almost 30 pounds and given me the energy to exercise regularly and to keep up with my young kids. It is easy to take and makes me feel great immediately. I strongly recommend it!*

*~Shira*

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*Dr. Calton, I have been using Nutreince for more that 28 days now (one box worth) and thought it would be a good time to let you know how I like the product so far. I initially decided to try the product because I hate taking pills of any kind and the thought of a product I could drink was appealing to me. My initial goal was to use Nutreince for 3 months to see how it works for me. I have tried to use vitamin supplements in the past but have had little success being consistent. On day one when I first tried the product, I thought it was way too sweet, (I began with a PM dose). Over the month I have gotten use to the sweetness, but it is still pretty sweet. I'm guessing it is to cover the taste of the vitamins. I like the flavor of the AM dose better that the PM dose but I'm sure that is a personal preference and other have a different opinion. At first I though mixing it with 16 oz. of water was going to be a lot, but I am choosing to look at this as a blessing. It does get me to drink more water, which is a bonus. I have noticed that I do feel better overall, have fewer craving, and more than ever in my lifetime seem to have a better sense of when I am hungry and when I am full.*

*~Barbara Lee*

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Do you have a testimonial? [Click here](#) and send it to us, we would love to hear from you!!!!